Trends in self-harm hospitalisations in New South Wales (NSW)

- Self-harm was the fourth leading cause of injury hospitalisation in NSW from 1999–2000 to 2003–2004.
- Between 1999–2000 and 2003–2004, there were 32,582 hospitalisations as a result of self-harm in NSW.
- There was a statistically significant increasing trend in self-harm hospitalisation rates in NSW from 1989–1990 to 2003–2004 for both males and females.


- From 1999–2000 to 2003–2004, poisoning (85%) and use of a sharp or blunt object (11%) were the most common methods of self-harm hospitalisation in NSW.