RUGBY 2007
INJURY PREVENTION & RESEARCH

www.rugby.com.au
Injury Prevention and Research

Background

• 1997  UNSW Dr Andrew McIntosh → ARU
• 1998 - 1999  Headgear Study Pilot - Injury Surveillance
• 2001 - 2002  Animation Coaching Resource
• 2000 - Present  Injury Surveillance Study
• 2002 - 2004  IRB UNSW ARU Headgear Study
• 2003  RWC Stats
• 2004 - 2005  Women’s Study
• 2007 - 2008  IRB Tackle Study
Injury Prevention and Research

Programs

- Playing It Safe
- Smart Rugby
- Crisis Case Management
Injury Prevention and Research

Future Directions

- Can the information we currently gather be used better?
- How do we record the mechanism of injuries accurately?
- Is there a case for investigation of serious injuries?